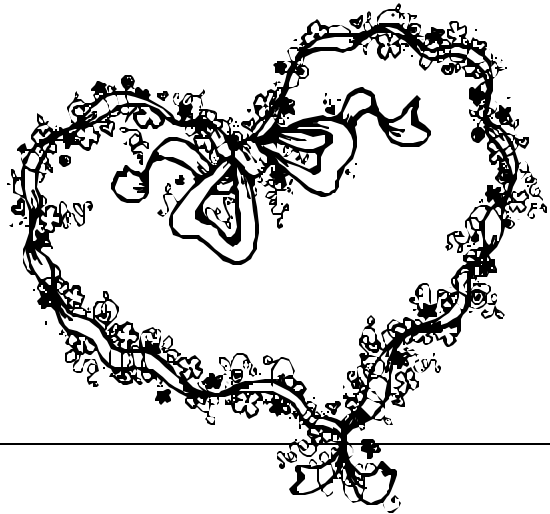


Celebrate the Joys of Homemaking at

enrichment meeting

Tuesday • 9 April • 7:30-9:30 PM
Held at the Longfellow Park Chapel
Cambridge II Ward Relief Society



7:30 MINICLASS

The Joys of Homemaking and The Value of Work — Join Pam Eager for an insightful discussion on homemaking, and rethink the way you approach your day-to-day living. In Proverbs 31:27, we find the example of one who “looketh well to the ways of her household, and eateth not the bread of idleness.” In studying this model, we will share new ideas and skills to make our homemaking more satisfying and effective than ever before. (*Pam Eager*)

8:10 MINICLASSES *Choose one of the following:*

Do-It-Yourself Home Improvements — You may only have time for one or two home projects this year. Let successful, Cambridge-based architect and home-owner Linda Eastley teach you where to put your efforts, thus ensuring that you get the most bang for your buck, and the biggest return on your time. Your home will start to feel move livable on the spot! (*Linda Eastley*)

Specialty Cooking Class: Meatless Main Dishes Even Your Husband Will Love — Cooking a few “vegetarian” meals each week can save you time and money, not to mention do your heart good. Carey Baldwin, a registered dietitian, will show you how to create quick, healthy meatless meals your whole family will enjoy. (*Carey Baldwin*)

8:45 MINICLASSES *Choose one of the following:*

Organizing and Cleaning Your Home — Freeing yourself from household chaos will save you time, energy, and money. Once you learn how to organize, you will be able to stop clutter from invading your space ever again. You’ll learn the rules to follow and traps to avoid in attacking your closets, drawers, shelves, bathroom, kitchen, cosmetics, jewelry, toys, tools, art supplies, papers, and much more. Plus, you will clean your home more efficiently by learning the tricks of the trade. Megan McPhie will share her secrets of speedy housecleaning, from the pre-cleaning plan of attack to the proper tools and techniques for the dirtiest jobs. (*Megan McPhie*)

Home Decorating on a Budget — Does Boston housing have you down? Are you tired of staring at your antique white walls and your old, hand-me-down sofa from grandma? Has your landlord forbidden you from putting nails in the walls? If so, this class is for you! Brighten up your living space with ideas ranging from *Trading Spaces* to Martha Stewart (plus a few Dana Linder originals!). (*Dana Linder*)

9:20 REFRESHMENTS — **Brainy Breakfast Smoothies** will help you rise and shine! Plus, these nutritious numbers will appeal to on-the-run toddlers who don’t have time to sit down for a meal before getting on with their morning busy-ness! For older kids, research has shown that breakfast eaters are likely to achieve higher grades, pay closer attention, participate more in class discussions, and manage more complex academic problems than breakfast skippers. So sip on our fruity yogurt concoctions, and take home the recipes for your family to savor.

THIS MONTH’S **DISPLAY** will feature home filing solutions: from recipes, receipts, and medical records, to photographs, correspondence, and old talks, take control of the clutter!

Home, family, and personal
enrichment

For more information, contact Dana Linder:
dana@providio.com or 617-254-9582
BABYSITTING WILL BE PROVIDED.

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