

We welcome you to

enrichment meeting

Celebrate Self-Reliance!



7:30 MESSAGE *from the Relief Society presidency*

7:45 PRESENTATION **Self-Reliance** (*Erin McPhie*)

8:00 MINICLASSES *Choose one of the following:*

Where Does All The Money Go? — Debt, no matter how attractively packaged, is a huge trap for many, and a significant factor in the breakup of marriages. If we do not manage our resources wisely, our poor habits will eventually rob us not only of our money, but also of our time, health, family security, and peace of mind. It is not the amount of money an individual earns that brings peace of mind as much as it is having *control* of that money. Karen Wright will teach us constant and fundamental principles which, if followed, will bring financial security and peace of mind under *any* economic circumstances. (*Karen Wright*)

Food Storage Essentials — No money to buy food storage? No space to store it? No clue where to get it? No idea what to get? Using the January 2002 food storage guidelines from the First Presidency, Rachel Crane will make it simple. She will cover what to buy, how much it will cost, and where to get it (including what is available at our local cannery and directions for getting there)! For those who have already started their food storage, she will provide instruction on using your food storage in current meal planning. She has given this class twice already, and you won't be able to hear it without being motivated to go and do! (*Rachel Crane*)

8:30 ACTIVITY **"And five of them were wise. . ."** (**Matthew 25:1-13**)

We have been repeatedly encouraged to prepare for emergencies, and our wonderful provident living specialist, Katy Wade, will help us do just that as we make 72 Hour Kits! If you preordered materials, please bring a backpack (a simple school bag will do) or some other container to take home your goods. Even if you didn't order materials, you will still benefit from learning the basics of personal and family preparedness. (*Katy Wade*)

9:00 REFRESHMENTS — **Food Storage Delights** — Wondering what you can make from the contents of your #10 cans? Besides the recipes you would expect (i.e. whole wheat bread and cereal), the Church's *Essentials of Home Production & Storage* also includes recipes for graham crackers, rice pudding, peanut butter cookies, yogurt, and other tasties! Come swap ideas over creamy hot cocoa from the cannery and a high-energy trail mix.

DISPLAY TABLE — **It's Beginning to Look a Lot Like Christmas** — What do you love best about Christmas? Do you have a holiday album you love listening to? Are there decorations you love putting up each year? Special crafts you do with the kids? What about neighbor gifts and wrappings? What does your extended family do to keep in touch? Have you figured out a way to keep track of your Christmas card list? What made Christmas meaningful for you as a child? What traditions have you begun with your children? What do you do to keep Christmas Christ-centered? *Please share your ideas, and bring any trappings that go with them!!!* We will set up a long table to display items and ideas written on index cards, so don't be shy! We'd all love to see your stocking, peruse your favorite Christmas book, and read your best ideas for this wonderful season! For more information, talk with Diana Bruening at dkv2@email.byu.edu or 617-864-1268.

Home, family, and personal
enrichment

For more information, contact April Perry:
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BABYSITTING WILL BE PROVIDED.